

Glove Use – Office/School Environment

Wear single-use gloves designed for the specific use. Gloves must be non-latex in California. In lieu of latex, try nitrile or vinyl single-use gloves. Even with proper handwashing, it is recommended that during the COVID-19 outbreak, gloves may be used during person to person contact or frequent touching of items from an unknown source.

When used properly, wearing single-use gloves may also be considered a form of personal protective equipment that supports the health and safety of employees.

When to Wear Gloves

- Nutrition service workers and volunteers when serving/preparing ready to eat food.
- At all times during foodservice.
- Nurses/healthcare workers when working with students/parents/staff.
- During cleaning and sanitizing tasks
- Although not required, can be used when working with the public and/or managing high touch objects/areas.

When to Change Gloves

When shifting tasks such as:

- Any Nutrition Service task working with food
- Unpacking boxes
- Collecting documents/materials from public sources
- Disposing of waste
- Wiping and sanitizing surfaces (counters, equipment, doorknobs, etc.)
- Changing between any other task
- Upon returning to the work station after any break or absence from the workstation
- When gloves become dirty, damaged or torn
- After touching or changing a mask or face cover
- At any other time when the hands may have become contaminated in a manner that is reasonably likely to lead to the contamination of food or drink.

The Do's and Don'ts of Glove Use

- DO** wash hands before putting on gloves
- DO** wash hands after removing gloves
- DO** remove gloves gently so that the outer surface is folded inward against itself to reduce contact with skin and other surfaces
- DO** change gloves after changing tasks

- DON'T** rely on gloves to replace hand washing
- DON'T** touch your face while wearing gloves
- DON'T** touch your phone while wearing gloves
- DON'T** touch your clothing while wearing gloves
- DON'T** wear gloves that are dirty or damaged
- DON'T** reuse or wash single-use gloves

How to Remove Gloves

To protect yourself, use the following steps to take off gloves



With both hands gloved, grasp the outside of one glove at the top of your wrist, being careful not to touch your bare skin.



Peel off this first glove, peeling away from your body and from wrist to fingertips, turning the glove inside out.



Hold the glove you just removed in your gloved hand.



With your ungloved hand, peel off the second glove by inserting your fingers inside the glove at the top of your wrist.